



Long Branch High School October 2025

Together We Can, Juntos Nós Podemos, Juntos Podemos



HOME OF THE GREEN WAVE

		10/1 Turkey Florentine Panini Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	10/2 Turkey Florentine Panini Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	10/3 Cuban Panini: Ham, Swiss, Pickles & Mustard Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty
10/6 Grilled Cheese & Bacon Sandwich Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	10/8 Falafel Sandwich Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	10/9 BBQ Turkey Sandwich Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	10/10 Chicken and Cheese Panini Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	10/11 Meatball Parm. Sub Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty
10/13 Cheese Steak Sandwich Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	10/14 Chicken Parmesan Sandwich Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	10/15 Chicken Cheese Steak Sandwich Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	10/16 Turkey Florentine Panini Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	10/17 Cuban Panini: Ham, Swiss, Pickles & Mustard Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty
10/20 Crispy Chicken Sandwich Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	10/21 Chicken Gyro on Pita Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	10/22 BBQ Turkey Sandwich Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	10/23 Three Cheese Panini Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	10/24 Meatball Parm. Sub Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty
10/27 Cheese Steak Sandwich Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	10/28 Chicken Parmesan Sandwich Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	10/29 Chicken Cheese Steak Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	10/30 Turkey Florentine Panini Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty	10/31 Cuban Panini: Ham, Swiss, Pickles, Mustard Hamburger Cheeseburger Chicken Patty Buffalo Chicken Patty

For Nutrition information

<https://longbranch.nutrislice.com/menu>

Free Breakfast & Lunch for All Students!

This institution is an equal opportunity provider

Sides Offered Daily with Lunch Choices

Fresh Vegetables, Specialty Made Salads,

Assorted Fresh Fruits or Canned Fruits

Assorted 100% Juices

Assorted Low Fat and Skim Milks

& Lactaid Milk